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TEWANTIN SS CROSS COUNTRY

Dear Parent/Caregiver

The annual Tewantin SS Inter-House CROSS COUNTRY is planned to take place on **Friday 24th March** (weather permitting). Students from Prep to Year 6 participate in this event – walking, jogging or running. The first event is planned to commence at approximately 9:15am from the Main Oval at school. There will be designated spectator viewing areas. Bring a chair / rug etc. Preps will begin the event. Year 3's to 6's will begin and end on the school grounds but will exit the school grounds and run around the perimeter of the school. **A signed Local Area Activity Permission Form**, as per the email from our school office, is required prior to Friday's competition. Another copy of this form is attached.

As in previous years, the course is set with staff supervision along the route. **For this event students from Year 3 to Year 6 will compete in their respective age group determined by their year of birth, NOT their Year level.** Course distances and order of events is:

Prep Girls (250m)
Prep Boys
Year 1 Girls (500m)
Year 1 Boys
Year 2 Girls (650m)
Year 2 Boys

Junior Course (approx. 1.5km)

- 8 years (**year 3 students born 2015**)
- 9 years (**year 3 and year 4 students born 2014**)

Non-competitive Fun Run for students born 2011, 2012 or 2013 (approx. 1.5km)

Intermediate Course (approx. 2km)

- 10 years (**year 4 and year 5 students born 2013**)

Senior Course (approx. 3km)

- 11 years (**year 5 and year 6 students born 2012**)
- 12 years (**year 6 students born 2011**)

All events will be run according to gender. As well as competing individually, all participating students will be scoring points for their house team. All students are encouraged to participate. They can run, jog or even walk the course. Water bottles are permitted and there are two water stations provided (one along the course and another at the finish). Shoes are compulsory - a closed shoe that offers support is recommended. Spikes are not permitted. Students are encouraged to wear their sports shirt but may also compete in their uniform if they wish. Please apply sunscreen at home before leaving for school.

Regards,

Tony McIlroy
Physical Education Teacher

Jason Jenkinson
Deputy Principal