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TEWANTIN SS CROSS COUNTRY

Dear Parent/Caregiver

The annual Tewantin SS Inter-House CROSS COUNTRY is planned to take place on **Friday 22nd March** (weather permitting). Students from Prep to Year 6 participate in this event – walking, jogging or running. The first event is planned to commence at approximately 9:15am from the Main Oval at school. There will be designated spectator viewing areas. Bring a chair / rug etc. Preps will begin the event. Preps to Year 2 will run a shortened course, all on the school grounds. Year 3's to 6's will begin and end on the school grounds but will exit the school grounds and run around the perimeter of the school. These students should all have a completed Local Area Activity Permission. If contacted by their teacher this form will need be completed prior to competing.

As in previous years, the course is set with staff supervision along the route. **For this event students from Year 3 to Year 6 will compete in their respective age group determined by their year of birth, NOT their Year level.** Course distances are:

Prep Course (approx. 300m)

Year 1 Course (approx. 500m)

Year 2 Course (approx. 650m)

Fun Run (approx. 1.5km)

- 10, 11 & 12 years (for house points only, no ribbons)

Junior Course (approx. 1.5km)

- 8 years (year 3 students born 2016)

- 9 years (year 3 and year 4 students born 2015)

Intermediate Course (approx. 2km)

- 10 years (year 4 and year 5 students born 2014)

Senior Course (approx. 3km)

- 11 years (year 5 and year 6 students born 2013)

- 12 years (year 6 students born 2012)

All events will be run according to gender. As well as competing individually, all participating students will be scoring points for their house team.

All students are encouraged to participate. They can run, jog or even walk the course. Water bottles are permitted and there is a water stations provided (along the course). Shoes are compulsory - a closed shoe that offers support is recommended. Spikes are not permitted. Students are encouraged to wear their sports shirt but may also compete in their uniform if they wish. Please apply sunscreen at home before leaving for school.

Regards,

Tony McIlroy
Physical Education Teacher

Jason Jenkinson
Deputy Principal